Important dates:

**June**
- 3rd: Gr 3-6 Camp deposit due $50
- 3rd: Gr 456 Soccer
- 10th: Choir Bendigo Competition
- **13th: Public Holiday**
- 14th: MARC Van
- 16th: Prep visit to Kinder
- 16th: Finance Meeting

**July**
- 21st: Parent Teacher Interviews
- 21st: School Council Meeting
- 24th: Out of Uniform & Soup Lunch
- 24th: Gr 3-6 Camp 2nd Payment due
- 24th: Last Day of Term – 2.30pm finish
- 11th: First Day of Term 3
- 11th: MARC Van

**CLASSROOM AWARD WINNERS**

- **Alizé** – For being a quiet and hardworking student and always trying to do her very best in all classroom activities.
- **Abigail** – For using her word cards to help with her everyday learning.
- **Olly** – For working hard during measurement lessons in maths.
- **Blair** – For a fantastic narrative.

**SCHOOL VALUES AWARD WINNERS**

- **Logan** – For being a very cooperative group member and being able to work with everyone.
- **Hugh** – For being a helpful member of the classroom.
- **Kileen** – For showing improved responsibility for her own belongings and work space.
- **Skyla** – For working co-operatively on a group project on Antartica.

**GOLDEN BRUSH**
The winners of the Golden Brush last week were the Prep grade.

**HOUSE COMPETITION**
The winners of the House Competition for the week were Campaspe.
MAGIC WORDS
Well done to our students who have moved up some levels with the Magic and Oxford Words.

PRINCIPAL’S REPORT

ULUMBARRA THEATRE & ART GALLERY EXCURSION

On Tuesday, our Grade 4, 5 and 6 students attended a number of events organised by the City of Greater Bendigo, Bendigo Art Gallery, Dja Dja Wrung Corporation and the Ulumburra Theatre as part of Reconciliation Week.

In Environmental Education in recent weeks, the students have been learning about Indigenous Art, the 6 indigenous seasons of the year and their colours, bush tucker and information about the stolen generation. The activities the students were involved in built on these areas of knowledge and were an excellent addition to what the students had been taught.

At the Art Gallery, we studied some large work by indigenous artists, comparing styles and meanings. The students were asked to write down some questions from their observations. Following this activity, the students heard from artist Damien Saunders (pictured) who shared the process and stages he works through in producing his art. He shared the Yorta Yorta traditional symbols he uses in his work. The students then had some time to write a short story of their own and then show this story using the symbols Damien had shared. These symbol stories are being produced as bookmarks for each student.
Pictured is a copy of the map of Aboriginal Nations within Australia, the smoking ceremony to cleanse bad spirits on the steps of Ulumburra and our students working on their stories at the Art Gallery.

After lunch, we watched a musical concert that shared aspects of indigenous culture and stories of the past. We learnt about the feuding volcanoes (Mt. Franklin – Daylesford and Mt. Tarrengower – Maldon) and the possum skin baby from Charlton. The concert featured well-known performers Kucha Edwards and Emma Donovan and was a mixture of ballads, rock numbers and featured a range of traditional dances.

At the completion of the concert, there was a 30 minute question and answer session with the performers that allowed the students to find out a little more of their personal background.

Well done to the students for the way they involved themselves in all activities, taking the opportunity to broaden their horizons, develop new skills and understand our history from a very different perspective.

GRANT SUCCESS
We received notification yesterday that we have been successful in our $2,000 grant application with the Victorian Teachers Mutual Bank Teaching Initiatives Program. The grant application will allow us to relocate our veggie patch and develop a number of aspects including new garden beds, irrigation, fruit tree orchard, compost, propagation space and in time a greenhouse for seedlings. Thanks to Lydia, Gaye and Jeanette for their work in putting the grant application together.

BENDIGO COMPETITIONS
Our School Choir is busy putting in lots of extra practice in their preparation for the Bendigo Choir Competitions on Friday June 10th. We wish them well, having moved up from the Novice Section last year to the Open Section this year. Thanks to Michelle and Gail Godber for their work in preparing the students.

REGIONAL SOCCER CHAMPIONSHIPS
Good luck to our Grade 4/5/6 students who are heading off to the Regional Championships tomorrow. The girls will be competing against Eaglehawk Nth., Epsom, Huntly and St. Joseph’s schools. The boys will be competing against Huntly, Epsom, Violet St, California Gully and Elphinestone/Chewton primary schools. The students will be travelling by bus and playing at the Epsom Huntly grounds. Parents are welcome to come along and watch.
On the last day of term, Friday 24th June the Junior School Council will be running an out of uniform day to support Red Nose Day (SIDS). We will also be offering a hot soup and roll lunch to raise money to go towards subsidising school camp costs for each child.

SCHOOL CAMPS
Our Grade 1/2 Camp to the Axedale Rotary Camp will take place on September 8th & 9th. Our aim is for Grade 2’s to attend the camp, including an overnight stay. Grade 1 students will join us for both days, taking part in a range of activities with the Grade 2’s. An overnight stay is optional for Grade 1’s. The students will take part in a range of bush and camping activities, tasks that build teamwork as well as some environmental activities. Cost will be $50 which will cover food, accommodation, transport and equipment. Axedale Rotary Camp is a Department of Education accredited camp.

GRADE 3-6
Our Grade 3-6 School Camp will be taking place in the last week of Term Three, from September 13th – 16th, and will be based at Sunnystones Camp near Bacchus Marsh. Students will take part in a range of bush, adventure and environmental activities. Sunnystones Camp is a Department of Education accredited camp. The cost for the camp will be approximately $300.

A camp notice form was sent home with a payment voucher book. Deposit of $50 is due tomorrow Friday 3rd June.

Please contact the school with any queries.

SCHOOL MEALS PROGRAM - Expression of interest
Ricky Cawley (Student Wellbeing Worker) is hoping to implement a meals program at Axedale Primary. This program will help provide meals for families who face difficulty in their lives due to unforeseen circumstances. If you could like to be part of this program or would like to know more, please contact Ricky on 03 5439 7232 or you can catch him on a Monday, Tuesday or Thursday.

NEW SCHOOL APP
Thank you to those families who have already subscribed to our new school app. We are sure you will find it very useful when communicating with school and keeping updated. Our old school app is no longer being kept up to date.

To download the app just visit the App Store for iPhones or Google Play for Android’s. Search for Updat-ed and from the menu select our school. We’ll receive your registration request and will need to approve you before your app is up and running.

So what will the app do?
The app’s great for us to send out alerts and reminders, and for parents you can use the app to access our school newsletter online, send absence notes and one of its best features being the ability to save events directly into your phone’s calendar.

If you are experiencing difficulty with your app please take a look at our Trouble Shooting Guide. Any further queries should be directed to: helpdesk@sponsor-ed.com.au

Please state the following in your email to helpdesk:
- Your school
- Name and email address
- Model phone/tablet
- Software version

We hope you enjoy being Updat-ed. Please let your extended family know they are also welcome to download this app also – we just need to know what child they are attached to.

VICTORIAN PREMIERS’ READING CHALLENGE
The Victorian Premiers’ Reading Challenge is now open and Axedale Primary School is excited to be participating. Children from Prep to Year 2 are encouraged to read or ‘experience’ 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

We currently have 41 students who have registered. They have read 164 books so far.

For more information about the Victorian Premiers’ Reading Challenge and to view the booklists, visit: www.education.vic.gov.au/prc
BREAKFAST CLUB
Many thanks to those who have volunteered to help with Breakfast Club.
Thanks also to our sponsors.
Tuesday 7th June – Melinda Pengelley & Emma Carmody
Thursday 9th June – Hannelie Schutte & Liz Harrington
Tuesday 14th June – Melinda Pengelley & Claire Noyce
Thursday 16th June – Tanya Czuczczman & Samantha Gilbertson

FRESH FRUIT FRIDAY
Many thanks to those who have volunteered to help cutting up fruit on Fridays.
Friday 3rd June – Liz Harrington & Hannelie Schutte
Friday 10th June – Marli Meerman & Samantha Gilbertson

MICHAEL GROSS PARENTING RESOURCES
Our school is a member of Parenting Ideas. Visit www.parentingideas.com.au
This week’s attached article is “Don’t threaten, bribe or deal – breathe & act”

JOKE OF THE WEEK
Thanks to John Lennon for this classic.
Q: Why didn’t the skeleton go to the dance party?
A. Because he had ‘no body’ to go with.
Great one John 😊

QUOTE OF THE WEEK
The good life is one inspired by love and guided by knowledge.
Bertrand Russell
Lex Johnstone
Principal

CLASSROOMS

PREP KINDER VISIT
On Thursday 16th June our Prep students will be visiting our friends at Kinder to have lunch and some fun.
Can all students dress up on this day with a sea theme eg. Sailor, pirate, mermaid, fisherperson, fish, etc.
Students will need a cut lunch and a drink on the day.

PARENTS, VOLUNTEERS & FRIENDS (PVF)

FATHER’S & SPECIAL PERSON’S DAY RAFFLE & BREKKY
Call out to all Dad’s to keep Thursday 1st September free for our Father’s & Special Person’s Day Breakfast from 7.30am. We will also be running a Father’s Day Raffle if anyone has goods or services that could be offered or knows a business owner who might wish to contribute please contact the school.

FOOTY TIPPING
Just a quick reminder that anyone can enter the Footy Tips on any weekend. You don’t have to have played previous rounds to join in the fun.
Round 10 - $183.00 JACKPOT
Footy tipping sheets for Round 11 were sent home earlier this week and need to be in by tomorrow or to the Axedale General Store 1 hour before the first game of the round.

FORMS TO BE RETURNED OR ORGANISED AT SCHOOL

GR 3-6 CAMP – Camp attendance note & $50 deposit due by tomorrow, Friday 3rd June.

GR 4-6 SOCCER – Permission note & $5 due.

FOOTY TIPPING SHEETS – Round 11 due tomorrow.
OUTSIDE SCHOOL HOURS CARE

*Increasing services to Axedale Primary School in 2017

BEFORE School Session

- 6:30am-8:30am
- Breakfast included
- Drop off to Axedale Primary School
- Approved for Childcare Benefit and Child Care Rebate

AFTER School Session

- 3:30pm-6pm
- Afternoon tea included
- Pickup from Axedale Primary School
- Approved for Childcare Benefit and Child Care Rebate

For more info please visit www.axedalefamilydaycaycare.com

Or Call Claire on 0487 325 512

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Help support our school by becoming a UFS member

Building a Healthier Community

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Have you thought about a change?
Have you thought about study?
Not sure where to start?

The Tertiary Enabling Program at La Trobe University might be the place for you.

NO course or enrolment fees.
Centrelink approved.
14 week program.
Commencing 26th of July.

This program provides students with a supportive environment to develop specific academic skills and knowledge, and to enhance confidence to help them successfully complete university or TAFE study. It equips students to make decisions about their learning, to develop pathways to continue their education, and to become independent learners.

ENABLING

Tertiary Enabling Program
BENDIGO 2016

How to Apply

Complete an Application Form and Personal Information Statement. Available from:
www.latrobe.edu.au/tep
Forward it directly to the TEP team at your preferred La Trobe campus.

Enquiries:
We are very happy to answer any questions you have. Please contact:
Naomi Dashwood
TEP Coordinator — Bendigo
T: 03 544 7744
E: tep.bendigo@latrobe.edu.au

Strathfieldsaye - Bendigo Holiday Program 4th/5th July
Video analysis, skill acquisition, games, fun, prizes and more.
"Held at Strathfieldsaye Football Netball Club"

Early Bird Sign Up Specials Available.

E  info@vidafooty.com.au  W  www.vidafooty.com.au  P  0408 149 252
Don’t threaten, bribe or deal – breathe & act

Five great discipline habits to add to your parenting repertoire.

Getting kids to cooperate is tricky. One method doesn’t necessarily fit all children so as a parent or teacher it helps to have a broad repertoire of responses to draw on when kids are less than perfect or you want more cooperative behaviour.

Disciplining a child can also make many parents feel decidedly uncomfortable, as it doesn’t generally fit an idealised picture of parenting that many of us may have. Discipline is about helping kids stay safe, become social and also be savvy and astute when they interact with others, which makes discipline a positive and very necessary part of the parenting process.

**Bad discipline habits**

Unfortunately, it’s easy as a parent to develop bad habits to get cooperation from kids. For instance, it can be easier to offer a simple bribe such as “I let you use my iPad for 10 minutes if you can be quiet in the back seat of the car”, rather than battle with kids for their cooperation. This type of bribe can work wonders to get some peace and quiet and is infinitely better than engaging in a slanging match while you’re driving. Well, it may seem that way!

However, it’s easy for both parents and kids to become hooked on bribes. As a parent you can easily fall for the trap of offering a bribe to induce good behaviour because it often works. A child learns to cooperate on his terms and soon learns to think, “What’s in this for me?” Soon kids learn to wheedle and deal to get better terms so today’s ‘quick 10 minutes on an iPad’ becomes tomorrow’s shiny new piece of technology bought in return for cooperation. Bribery and dealing almost always escalates in scale. The stakes rarely get smaller.

Similarly, idle threats of withdrawing co-operation if a child won’t behave well soon fall on deaf ears as kids have a built-in radar for knowing if a threat is real or not. “If you continue to argue with your sister I’ll cancel your birthday” is the sort of threat that many of us have made in desperation just to get some peace and harmony at home. Again, threatening all types of dastardly consequences can become a habit, particularly when we don’t have many other options at our disposal to get better cooperation.

Most of us will default to our lowest level of skill when we are tired, stressed or under pressure. When a child yells, “I hate you! You never listen to a thing I say” just when you’re trying to get her to bed you’re likely to return fire in spades. “What do you mean I never listen to you? I always listen to you. You never...” and away you go chastising a child in a way that only exacerbates her lack of cooperation.

**more on page 2**

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You'll be so glad you did.
... Don't threaten, bribe or deal - breathe and act ...

Good discipline habits
So it helps to develop some good discipline habits instead so that when we do become stressed or tired they are so ingrained in us that they become second nature.

Here are five good discipline habits to develop:

1. Avoid the first impulse so you don’t overreact
   A good rule of thumb is to stop yourself from reacting when children misbehave. As much of children’s poor behaviour is purposeful, in that it keeps parents busy with them or is designed to let parents know that in fact you can make a child do anything they want to do, your impulsive reactions reinforce the behaviour. At times stopping and doing nothing is better than saying something you regret later on or can’t follow through with.

2. Step away and take a breath to gain control
   When you feel annoyed, angry or hurt by a child’s misbehaviour temporarily step away from the situation and take a few deep breaths before you speak or act. This meta-moment will not only buy you time but will quickly calm you down and change your thinking, putting you back in control. Better self-management helps you respond more effectively when kids misbehave.

3. Lower your voice to be heard
   Do you typically repeat yourself or raise your voice when your children ignore your request for better behaviour or even cooperation. If so you are training your kids to ignore you. Try lowering your voice rather than raising to be heard. This has the double effect of being easier to hear as well as carrying a greater sense of authority.

4. Move toward them to be noticed
   Moving into children’s space to deliver a message is usually more effective than issuing an order across a lounge room when you are competing with a screen for attention. It does require effort but the results in terms of getting cooperation is generally worth it.

5. Use a consequence to teach
   Not all children respond positively to consequences. Very sensitive children can take consequences personally so use them sparingly with more sensitive kids. Sometimes a change in the tone of your voice is enough for these children. But generally reasonable consequences that have a relationship to children’s misdemeanours and that are respectfully delivered are effective in teaching children to behave responsively. The trick is to deliver them like a neutral cop – cool, calm and with not too many words.

Good habits are best developed in low or no stress situations so if you’d like to add any of these ideas to your parenting repertoire start putting them into practice in every day interactions with your children, so that they become second nature when you really need some cooperation from your kids.

Michael Grose

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