



AXEDALE PRIMARY SCHOOL
"Excellence Through Endeavour"
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NEWSLETTER No. 18 June 12th 2014

Important dates:

| | | | |
|-------------|---|-------------|---|
| June | 12 th – Finance Meeting 5pm 17 th – MARC Van 17 th – AASC – Basketball 18 th – AASC – Skateboarding 20 th – Choir – Bendigo Competitions 24 th – Parent Teacher Interviews 12-5.00pm 24 th – School Council Meeting 6.30pm | June | 26 th – 3 rd Camp Payment Due - \$60 27 th – Jump Rope For Heart Jump Off 27 th – Caburnay Farewell Afternoon Tea -1.45pm |
| | | July | 27 th – LAST DAY OF TERM 2.30pm finish 14 th – FIRST DAY OF TERM 3 |

AWARD WINNERS

Last week's award winners were:-
 P/1 – Rachel - For being a very kind and thoughtful person who cares about her classmates.
 2/3 – Skyla - For writing a fantastic visual literacy piece on stingrays
 4/5/6 – Ben – For a fantastic OnDemand test result in Numeracy

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SPELLING AND READING AWARDS

Congratulations to students who made further progress through Magic and Oxford Words this week.

GOLDEN BRUSH

The Golden Brush for last week was won by Grade Prep/1. Well done.



HOUSE COMPETITION

Winners in the House Competition last week were Campaspe. Well done.



PRINCIPAL'S REPORT

BRICK BUILDING

Work on our brick building including roof repairs, sub surface drainage, the installation of a door to the playground side wall and internal tidy up is currently up for tender. Tenders close on July 1st. We anticipate work to begin on the building by the end of July.

PARENT TEACHER INTERVIEWS

Student Reports will be sent home at the end of next week. I encourage all families to read the reports closely as they will state what each student has achieved over the last six months and what the key areas for improvement are.

Following the Reports, Parent Teacher Interviews will be held on Tuesday 24th June from 12.00 – 5.00pm. Attached to the Newsletter today is a slip for parents to indicate times that are most suitable for their family. Please send these back asap – first in first served for times!

CHOIR – BENDIGO EISTEDDFOD

Next Friday 20th June our choir will be competing in the Bendigo Eisteddfod at the Bendigo South East College Theatre in Ellis Street. Our section starts at 9.30am, competing against 4 other primary school choirs. Parents, family and friends who wish to come and watch can purchase a ticket at the door for \$5.

Travel will need to be by private car due to timelines. We will need to be leaving school at 8.30am for a 9.00 arrival at BSE. With twenty-one in the choir, we will be looking for at least five cars for transport.

Students will be returning to school at the completion of the competitions. They will need to bring a morning snack and a water bottle with them.

If you are able to help with transport, please indicate on the form at the end of the Newsletter and return it to school by next Tuesday.

Students will be wearing choir gowns, many thanks to Jeanette Tenace who has sewn up some collars to go with the gowns. Students need to wear black socks. Girls need to have their hair tied back away from their face. Contact Miss Blume for further details

LAST DAY OF TERM

A timeline for the last day of term is as follows

11.25 – 12.25 Jump Rope for Heart – Session 1

12.25 - 12.40 Pizza Lunch (School & Community- order form in next week's Newsletter)

12.40 – 1.00 Lunchtime

1.00 – 2.00 Jump Rope For Heart – Session 2

2.15 Assembly & dismissal

TREES

The tree loppers have been in the school, removing four trees deemed dead or dangerous and dead wooding a number of others. The wood from these trees is available to school families for half the normal costs. Wood is available at \$50 a ute/trailer load. There is an initial limit of one load/family. More loads may be available after all families have had an opportunity. Contact the school if you are interested.

SCHOOL & COMMUNITY

Our next School & Community Meeting is Tuesday July 22nd at 9.30am in the Staffroom.

Kelly Gwin is our Secretary for the School & Community Committee. Kelly would like to start a list of email addresses for those who wish to have School & Community Agendas and Minutes emailed out. If you would like these details emailed, please complete the slip at the end the Newsletter and return to school.

PREMIER'S READING CHALLENGE

The Premier's Reading Challenge is on again this year. The list of books on the Challenge book list for each year level can be found at: <http://www.education.vic.gov.au/about/events/prc/Pages/booklist.aspx>

We have **12** students registered who have read **139** books so far. You can visit the website at www.education.vic.gov.au/prc. The reading challenge ends on 12th September.

Once your details have been registered you will be given a Username and password for access to the website where you can keep track of the books you are reading. Students will also be given a challenge checklist and books that have been read are to be listed on this. The checklist needs to be handed into Mrs Baldwin in the office on a regular basis so the books can be verified on the website as read.

HERB GARDEN

Our herb garden is thriving at the moment. If you would like to come in and pick a bunch for cooking or collect some seeds to start your own garden feel free.

WORKING WITH CHILDREN CHECK

We are looking at our volunteer parents obtaining a Working With Children Check for helping on excursions, general school activities etc. There is no cost for school volunteers to get a WWC card.

To apply for a Working With Children (WWC) Check you need to:

- Fill in an application – this can be done online at:
<https://online.justice.vic.gov.au/wwccu/onlineapplication.doj> or obtain a paper form from the post office.
- Get a passport size photo of yourself
- Gather your proof of identity documents, and
- Lodge your application at a participating Australia Post retail outlet, providing a photo and proof of your identity.

When you have your card please bring it to school so we can add you onto our register.

ASTHMA FRIENDLY SCHOOL

Students who are listed as asthmatic received an Asthma Care Plan over the last few weeks. Can these please be completed and returned to school ASAP.

FRESH FRUIT FRIDAY

Many thanks to those who have volunteered to help cut up fruit on Fridays.

Friday 13th June – Susie McGrath

Friday 20th June – Claire Marshall

Friday 27th June – Marli Meerman

TERM DATES 2014

Term 2: Tuesday 22nd April to 27th June

Term 3: 14th July to 19th September

Term 4: 6th October to 19th December

MICHAEL GROSS PARENTING RESOURCES

Our school is a member of www.parentingideas.com.au

This week's attached article is "Teach your kids to SHRUG!"

QUOTE OF THE WEEK

Education is learning what you didn't even know you didn't know.

Daniel J. Boorstin

Lex Johnstone

Principal

CLASSROOMS

BENDIGO VOLLEYBALL CHAMPIONSHIPS

Today our Grade 4/5/6's took part in the Bendigo Schools Volleyball Championships at the Schweppes Centre.

Photos and full results will be in next week's Newsletter.

PAINTING – EXPERT TUITION

Over the next few weeks, Judy McGrath and her painting friend Pam will be working with the Gr 4/5/6 students to develop their landscape painting skills. Students began the sessions yesterday by closely inspecting the colours, shades and tones that make up some of the trees in our yard. Students spent time developing their sketching skills, picking up tips from Judy and Pam about aspects such as foreground, background, level of detail, shading techniques etc. we thanks Judy and Pam for their time and expertise and look forward to what the students may be able to produce at the end of the unit.



BUDDIES

This week in Buddies, the Gr. 4/5/6 students played games of Fantasy Fish and First to 100 with their buddies. Teachers learnt these games at the PD they attended with Michael Ymer. Following these games, the older students worked with their buddy on Reading Eggs on the computer.



PREP/1 – ‘WHO SANK THE BOAT?’

Prep/1 have been reading “Who sank the boat?” The students had to make a plasticine boat with the characters and then try to float them in water. Amelia is our best boat builder.



JUMP ROPE FOR HEART

We will be participating in Jump Rope at the end of Term 2. Students are asked to find some sponsors - \$2, \$5, \$10 or more and continue to practise their skipping skills. Sponsorship forms will need to come back (with the money) by Tuesday 24th June. All money raised goes to the National Heart Foundation. The school receives a large pack of new long and short skipping ropes for being involved.

Gr. 4/5/6 ANTARCTICA PROJECT

Students have received a project on Antarctica that is due next **Monday 16th June**. Students have been given time in class to work on these but it is an expectation that some work will be completed at home. Students have also been asked to keep a ‘log sheet’ that keeps track of the time spent on their project at home. It would be greatly appreciated if parents could sign to verify their children’s work. Please see me if you have any queries about your child’s project.

Steve Christensen

GRADE 2-6 CAMP

Just a reminder to those parents who are using the payment vouchers for the camp, the next payment of \$60 was due last week.

FOOTY TIPPING

Round 12 - \$174 – Congratulations – Zane Van Wynen & Angus Carrick (\$87 each)

Footy tipping sheets for Round 13 were sent home earlier this week and need to be in by 3pm tomorrow or to the Axedale General Store 1 hour before the first game of the round.

COMMUNITY

UFS PHARMACIES

We have just received our latest cheque for \$924 from the Bendigo UFS Pharmacies “Building a Healthier Community” plan. We currently have 125 UFS Pharmacy members who have nominated our school when joining or renewing their membership. Membership costs \$12 per year, then you and your family receive:

- Up to 20% off most shop lines everyday
- 10% off professional products & services at the UFS Wellness Clinic
- 20% off frames, prescriptions, sunglasses & accessories at UFS Optical
- 10% off products & services at Eden.

FREE SINGLE BED

Pine slat single bed - FREE. Phone Bev 5439 1249 or 0417 521 233.

CHOIR – BENDIGO EISTEDDFOD

I am able to help with transporting choir members in my car on Friday 20th June to BSE for the Choir Bendigo Eisteddfod.

Name: _____



Kidz Biz

Bendigo



This six week program uses art, movement and relaxation techniques to help school aged children and young people to cope with grief and loss when their parents separate.



Term 3, 2014

- When:** Wednesday 23rd July - 27th August 2014
- Time:** Arrival and registration 3.45pm
Sessions 4.00pm - 5.15pm
- Where:** CatholicCare Sandhurst Function Room, 176-178 McCrae St, Bendigo
- Cost:** \$20 for program (no charge for health care card recipients)
- Child Care:** Sorry, child care is not provided
- Facilitators:** Janine Stewart and Marlene McLoughlan
- Parking:** No on site parking available - please park in surrounding streets

For bookings and enquiries phone Marlene McLoughlan on 5438 1300

Groups are subject to maximum and minimum numbers. Early registration is encouraged.



Damper

BIG

TREES

FUN

Bendigo Family Nature Club
Sunday 15 June 10am - 1pm
Register : damperandbigtrees.eventbrite.com.au



Tuning in to Kids

Bendigo

Want to learn how to help your child manage feelings and emotions (emotional intelligence)?

Children with emotional intelligence...

are more able to calm down when upset or angry

have better concentration at school

have greater success with making and keeping friends



In this six session program you'll find out how to help your child understand and manage feelings such as worry, frustration and anger.



Term 3, 2014

- When:** Monday 21st July - 25th August 2014
- Time:** Arrival and registration 9.45am
Sessions 10.00am - 12.00pm
- Where:** CatholicCare Sandhurst Function Room, 176-178 McCrae St, Bendigo
- Cost:** \$20 for program (no charge for health care card recipients)
- Child Care:** Sorry, child care is not provided
- Facilitators:** Janine Stewart and Barb Webb
- Parking:** No on site parking available - please park in surrounding streets

For bookings and enquiries phone Ky Gregg on 5438 1300

Groups are subject to maximum and minimum numbers. Early registration is encouraged.



PRESENTS

myjet Charter

MYJET JUNIOR HOLIDAY PROGRAM

Calling all footy lovers from ages 6 - 15

DO YOU LOVE YOUR FOOTY?

WANT SOME REAL FUN?

A 3 day program focusing on Footy

Venue: My Jet Oval (Wade St)

Monday 30th June, Tuesday 1st & Wednesday 2nd

July 8-30am - 5pm

Featuring

Ever Popular Round Robin Footy Carnival

Skill Clinics with BFL Players

Footy Trivia Quizzes & Crosswords

Nutrition & Lifestyle Component/Show Bag

Registration Forms available at

gosquare@gsfnc.com.au

or ph. 0420938138 or 0488183511

All Facilitators Accredited

INSIGHTS

by Michael Grose - No. 1 parenting educator



Teach your kids to SHRUG!

The secret to having resilient, confident and optimistic children is to teach your kids to shrug!

It was so irritating, yet so effective.

I'm talking about my boyhood mate Terry's habit of **shrugging his shoulders** whenever anyone teased him or tried to persuade him to their way of thinking.

*'Hey Terry, you're a **&&&E@!'*

Shrug.

'Hey Terry, everyone says your.....&&TR!'*

Shrug.

'Hey Terry, I'm going to tell on you!'

Shrug.

His nonchalance used to drive everyone nuts!

So much so that he was rarely targeted for teasing despite the fact that he wasn't sporty, he wasn't cool and he was late maturing - all of which back then, as now, would put a boy in the 'to be picked on' category.

I thought of Terry recently when I was coaching a young person about how to respond to some schoolyard taunts.

This young person *wore his heart on his sleeve*, taking taunts and even witticisms too seriously for his own good. Unfortunately, some of his so-called mates used to enjoy seeing him become angry.

The best way to break this *toxic cycle of taunt-react-taunt* was for him to change his reaction.

So we did some coaching in the **art of shrugging** and before long my young charge was shrugging his shoulders, as if to say 'Whatever', and walking away at the first sign of a taunt.

Eventually he was channelling Terry so well that his nonchalance even began to irritate me.



Some things can't be ignored

Don't get me wrong. Kids cannot and should not ignore all negative comments directed at them.

There are times when they need to stand up and be counted. They don't need to be aggressive about it, but they do need to be assertive from time to time. Sticking up for a friend, rescuing someone who is being taunted or even looking out for a sibling's best interests at school are times when children need to assert themselves rather than shrugging off a problem.

Kids practise on their siblings

Socially savvy kids know that some of the negative peer comments directed at them need to be ignored. However, this is quite a skill.

Ignoring comments and choosing your arguments is something many kids learn in their battles with siblings.

Those noisy sibling skirmishes that annoy the hell out of parents actually toughen kids up for the less-than-pleasant social interactions that take place in the schoolyard.

Interestingly, my boyhood mate Terry was the youngest of

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parentingideas.com.au parentingideas.co.uk parentingideas.co.nz

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four brothers. I guess he would have perfected the art of shrugging out of sheer necessity.

So, if you have a sensitive child who wears his or her heart on their sleeve, or a child who reacts impulsively to both taunts and witticisms alike, you may wish to introduce the *art of shrugging* into their repertoire of responses.

How to create a good shrug

Kids can practise shrugging in front of the mirror so that they can see what a good shrug looks like. There are 4 ingredients:

1. A 'whatever' look.
2. A shrug of the shoulders.
3. A simple, non-combative, non-sarcastic line such as 'You may be right', 'Whatever' or 'I hadn't thought of that'.

4. A final breaking of eye contact that indicates that they are in control.

A word of warning

If you teach your kids to shrug, you need to be prepared for them to use this shrugging technique against you when you direct some criticism or constructive feedback their way. If they do, you'll find out how damn infuriating nonchalance (even when it's fake) can be.

Oh, and you'll be seeing a child or young person who is exercising a degree of personal power that, when used smartly, will increase their overall social effectiveness.

You can get more ideas to help you raise confident, resilient kids in Michael Grose's NEW book Teach your kids to shrug! It's available in paperback or digital format at the book shop at parentingideas.com.au