Important dates:

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<th>Sept.</th>
<th>2nd</th>
<th>Jump Rope For Heart Day</th>
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<td>5th</td>
<td>Choir performance –</td>
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<td>7th</td>
<td>Sideline Basketball – Gr 3-6</td>
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<td>8th</td>
<td>Prep Excursion –</td>
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<td>8/9th</td>
<td>Grade 1/2 Camp</td>
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<td>9th</td>
<td>Footy Colours Day (P &amp; 3-6)</td>
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<td>Sept.</td>
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<td>Grade 3-6 Camp final</td>
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<td>9th</td>
<td>Premiers Reading Challenge</td>
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<td>12th</td>
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<td>12th</td>
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<td>13th-16th</td>
<td>Grade 3-6 Camp</td>
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<td>16th</td>
<td>Last Day of Term -2.30pm</td>
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<td>Oct.</td>
<td>3rd</td>
<td>First Day of Term 4</td>
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**PREPS – I LOVE MY DAD BECAUSE**

Molly - I love my dad because he takes me to the pub.
Ted - I love my dad because he puts me to bed.
Emme - I love my dad because we do some jobs together.
Kaiya - I love my dad because he has fun with me.
Alizé - I love my dad because we go for walks.
Riley - I love my dad because he lets me go to his friend’s houses.
Mekayla - I love my dad because we do special things and he hugs me.
Shania - I love my dad because he plays night tiggy with me.
Darcy - I love my dad because he is special.
Logan - I love my dad because he is awesome.
Sydney - I love my dad because he is tall.
Ally - I love my dad because he sometimes gives me a treat.
Ada - I love my dad because he gives me flowers.
Darby - I love my dad because he rides motorbikes with me.
Zaithan - I love my dad because he plays with me.
Bonnie - I love my dad because he tucks me in before I go to sleep.
Matilda - I love my dad because we play lots of games together.

**KINDER VISIT**

Our friends from the kinder visited today. We completed some activities, shared some lunch and bought some items from the Father’s Day Stall together. (more photos next week)
A big thanks to Julie, Joce, Kellie, Sam and the Grade 6 boys for their work on the stall this morning.
CLASSROOM AWARD WINNERS

**Sydney** – For working hard to improve her reading and word knowledge.

**Emily Brown** – For showing fantastic improvement with her understanding of patterns.

**Rhianna** – For persisting with tasks that may initially be challenging.

**Angus** – For showing improved focus during silent reading and comprehending what he has read.

SCHOOL VALUE AWARD WINNERS

**Mekayla** – For being brave and having a go at all work and activities presented at school.

**Cooper** – For always being a helpful member of the classroom.

**Killeen** – For developing greater organisational skills.

**Anthony** – For showing a strong commitment to completing jobs around the school.

GOLDEN BRUSH

Well done to Grade 4/5/6.

HOUSE TROPHY

Well done Campaspe.

SPELLING AND READING AWARD WINNERS

Well done to our spelling and reading award winners for this week.
PRINCIPAL’S REPORT

FATHER’S AND SPECIAL PERSON’S BREAKFAST
A big thank you to the dads and special friends who were able to come along this morning for our special brekky. It was great to have such a turn up and see lots of people gathering for a cuppa, a chat and a yummy breakfast.
A big thank you to Ricky for all his organisation, to Shane, Sam, Hannelie and Wendy for helping out on the BBQ and to our sponsors of the raffle.
A big thank you to families who supported the raffle by purchasing tickets.

FATHER’S DAY RAFFLE - WINNERS
One Car/4WD Service courtesy of Greg Wait – Dennis Waters
$50 Pub Meal Voucher from the Axedale Tavern – Carmody Family
$50 Boardwalk meals/drinks voucher – Sharon Bromley
$50 Bunnings Voucher- Alan McGrath
$50 Bunnings Voucher – Linda Doak
2x Boxfit Class vouchers for one person and a friend from BYB Fitness – Jill Charlton
2 hours of Garden Care from Bromley Property Maintenance – Czuczman family
Full Body Massage from Axedale Massage and Beauty – Andy Lawson

JUMP ROPE FOR HEART
Tomorrow is our big Jump Rope for Heart Day. From 2.00 – 3.25 students will be busy utilising their long and short rope skills, working alone, in pairs and small groups and tackling new skills. Some of our senior students will be leading activities across the afternoon. Thanks to families who have supported this event through sponsorship. All funds raised go the National Heart Foundation.

This is not an out of uniform day, but students are asked to bring something red to wear when skipping. A shirt, a hat, red socks – anything. We have red bibs and red team bands if you have nothing at home.

GOLF DAY
The bi-annual Axedale School and Axedale Kinder Golf Day is on again this year on October 30th. Thanks to Liz Harrington who has offered to be on the organising committee along with Jade and Gemma representing the Pre-School. Pencil the date in and get a group of friends together.
FOOTY COLOURS DAY
We will be holding our annual Footy Colours Day and Golden Boot Competition on Friday 9th September. Students are encouraged to wear the colours of their favourite football team to school. Mr. C will be conducting the Golden and Pink Boot kicking competitions for Prep & Gr. 3-6 as well as some matches for each grade level.
Our Grade 1/2 students will be on camp at this time. Grade 1/2 students will be having their own Golden and Pink Boot competition at the camp. They can bring along their favourite footy colours if they would like too.

PREP EXCURSION
Our Preps and their parents are off to a special performance of Snugglepot and Cuddlepie next Thursday at the Ulumburra Theatre.
A reminder that parents are responsible for organising transport for themselves and their child. You may wish to couple up.
Our plan is
9.00 Students come to school as normal
10.30 Students collected from school
11.00 Meet in Rosalind Park for a shared lunch – BYO (Fernery End –in front of Bendigo Senior Secondary)
11.30 Move as a group to Ulumburra Theatre for check in and be seated for a 12.00 start
If transport for your child is a problem - please contact the school.

THE BIG GIVE
There are two Axedale Projects on the go as part of the Community Foundation for Central Victoria

Big Give Project
Axedale community members may wish to donate to the funds to grass and irrigate the Axedale Park and also to contribute to the Pam Gunn Axedale Memorial Trust.
Information can be found at https://chuffed.org/biggive/prelaunch

GRADE 3-6 CAMP
Students will have brought home yellow medical forms. We ask that these be filled out asap and returned to school. Please contact the school with any queries. If you are paying in instalments another payment is due tomorrow Friday 26th August. If paying in full, we ask for the final balance to be paid by Friday 9th September.

GRADE 1/2 CAMP
Students are reminded to return their Student Medical and Permission Forms asap.

PIE DRIVE ORDERS
Thank you again for the positive response, we had over $3,000 worth of pies delivered and sorted yesterday. A big thanks to Tanya for her coordination and all the helpers at delivery time yesterday.

VICTORIAN PREMIERS’ READING CHALLENGE
The countdown is on with less than three weeks remaining of the 2016 Victorian Premiers’ Reading Challenge (PRC). The PRC will close on 9 September 2016.
We currently have 40 students who have registered. They have read 375 books so far.
For more information about the Victorian Premiers’ Reading Challenge and to view the booklists, visit: www.education.vic.gov.au/prc
NEW SCHOOL APP
Thank you to those families who have already subscribed to our new school app. We are sure you will find it very useful when communicating with school and keeping updated.
Our old school app is no longer being kept up to date.
To download the app just visit the App Store for iPhones or Google Play for Android’s. Search for **Updat-ed** and from the menu select our school. We’ll receive your registration request and will need to approve you before your app is up and running.
So what will the app do?
The app’s great for us to send out alerts and reminders, and for parents you can use the app to access our school newsletter online, send absence notes and one of its best features being the ability to save events directly into your phone’s calendar.
If you are experiencing difficulty with your app please take a look at our [Trouble Shooting Guide](#). Any further queries should be directed to: helpdesk@sponsor-ed.com.au
Please state the following in your email to helpdesk:
- Your school
- Name and email address
- Model phone/tablet
- Software version
We hope you enjoy being **Updat-ed**. Please let your extended family know they are also welcome to download this app also – we just need to know what child they are attached to.

BREAKFAST CLUB
Many thanks to those who have volunteered to help with Breakfast Club during Term Three. Thanks also to our sponsors.
Tuesday 6th September – Hannelie Schutte & Liz Harrington
Thursday 8th September – NO BREAKFAST CLUB (Gr 1/2 Camp)
Tuesday 13th September – NO BREAKFAST CLUB (Gr 3-6 Camp)
Thursday 15th September – NO BREAKFAST CLUB (Gr 3-6 Camp)

FRESH FRUIT FRIDAY
Many thanks to those who have volunteered to help cutting up fruit on Fridays.
Friday 2nd September – Liz Harrington & Donna Brandt
Friday 9th September – Marli Meerman & Tanya Czuczman

MICHAEL GROSS PARENTING RESOURCES
This week’s attached article is “Build up Frequent Father points”

POCKET POSITIVES – Ricky Cawley
*If a child lives with approval, he learns to like himself.*

JOKE OF THE WEEK
What’s the worst animal to play a game of cards with?
A cheetah!

QUOTE OF THE WEEK
*A day of worry is more exhausting than a week of work.* John Lubbock

Lex Johnstone
Principal
NEXT MEETING
Thursday October 6th 8.50am.

FOOTY TIPPING
Round 23 - $40.50 JACKPOT
Thank you to Sam Gilbertson for her organisation each week for our school footy tipping competition. The jackpot amount of $40.50 will now be added to the school’s weekly share of entries through the year. A total of $155.15 was raised this year.

FORMS TO BE RETURNED OR ORGANISED AT SCHOOL

GR 3-6 CAMP – Medical forms to be returned ASAP & balance of payment due Friday 9th September.

GR 1 & 2 CAMP – Medical forms to be returned ASAP & $50 payment due Tuesday 6th September.

COMMUNITY

Hello,
My name is Kathryn, from Meraki Cottage – Sewing and Craft School. I am a trained and registered Primary School teacher and have over 30 years of experience. I have recently started this little business of mine because I believe that the skills of sewing and many other crafts are being lost to the current generation and I’m hoping to do my bit to fix this.

Craft, Sewing and Stitching Fun for Children 6 to 14 years
September Holiday Classes
Arty Crafty Fun (6-9 years)
Sat 17/9 Sun Catchers, Mon 19/9 Branch Weaving , Wed 21/9 O & X Game 3.30-5pm
Learn to Hand Sew (6-9 years)
Wed 21/9 Basic Stitches Sampler 10-11.30am
Learn Machine Sewing (10-14 years)
Tues 20/9 Make a bag from a pair of jeans 4-6pm
Craft Fun (10-14 years) Wed 21/9
Weaving on a simple loom 1-3pm
Learn to Hand Sew (10-14 years)
Thurs 22/9Stitched Felt Cushion 4-6pm

Weekly Classes Starting Term 4
Fun Crafty Afternoons 6 - 9 years Thursday 4 to 5.30pm
Learn to Sew 10-14 years Wednesdays 4 to 5.30pm
Learn to Sew Clothing 11 -15 years
Learn to Sew Beginners 14+ years Wednesday 7 to 9pm
Learn to Sew Basics 14+ years Thursday 7 to 9pm

Contact Kathryn on 0438 254 650 or kathryn@merakicottage for more details.
Adult classes also available. https://www.facebook.com/merakicottage/

BENDIGO BASKETBALL U/10 SUMMER COMP
Do you have a birth year of 2008 or 2009?
Are you looking to play in the Under 10's Summer competition commencing in October 2016?
The Under 8's competition provides a fun and enjoyable way of understanding the rules, giving children the perfect pathway into the Under 10's competition.
Running each Wednesday afternoon from 4:00-5:00pm
at Bendigo Stadium, at $5 per child per session.
Please contact Kelly Dunn, Junior Development Coordinator on 5440 6246 or at kelly.dunn@bendigostadium.com.au for information.
Bootcamps held at the Axedale Hall.

Mondays (box fit) @ 9.30am & 11.00am
Wednesdays (cardio/weights) @ 9.30am
Fridays (box fit) @ 9.30am.

$10.00 per session with no contracts.
All Welcome.

Any queries, please do not hesitate to contact me.

I will be looking at starting night sessions again once daylight saving begins so if you're interested in box fit but can't make it during the day, keep an eye on my FB page or contact me so I can keep you updated on the new sessions.

#Olympics #RIO! #Under Lights

Start Date: Tuesday 16th August
Duration: 5 weeks
Time: 5pm – 6pm
Location: 14 Ashley Street, Ironbark
Cost: $65 (includes Stick ball slippads, singlet/mouthguard)
Contact: Katrina
Phone: 0427 470494
Email: hoo.hin2h@gmail.com

To register visit: www.hockeycentralvic.org.au

Join Coder Dojo

AGES 7-17

Registration
Bring yourself and a parent to the Discovery Centre between 10-11 Saturday, 10th
Registration is first in first placed.

Contact
Twitter: @coderbendigo
Email: bendigo.bendigo@coderdojo.com
Website: https://www.coderdojo.com/dojo/en/bendigo-city/discovery

We need mentors too!
If you have skills to share please feel free to contact us to find out how to mentor our coders!

Bendigo Bank

BENDIGO SPIRIT SCHOOL HOLIDAY CAMP

TUESDAY SEPTEMBER 27TH & WEDNESDAY 28TH
10AM – 3PM
OPEN TO ALL BOYS AND GIRLS AGED 6 - 13

All participants receive a Spirit basketball and ticket to the first Spirit home game of the season
Cost: $80 per child

To register or for more details please contact Adam Tarr at
gm@bendigospirit.com.au
Michael Grose looks at the importance of topping up Frequent Father points, and the benefits for both dads and for kids.

A good friend enthusiastically told me how he was looking forward to spending a few days away on his own with his two kids, aged 10 and 13. He was feeling quite chuffed.

He was having some ‘dad time’ with his kids.

Good on him!

He was doing some memory building & relationship building, as well as having some fun.

He told me that he was aware that his kids were getting older and he knew such opportunities were diminishing.

Gone are the days when the only relationship many men had with their kids was through their wife. She would explain him to the kids (‘Your dad’s very busy but he would love to see you play sport but he can’t make it.’) As well, she’d keep him up-to-date with the children’s lives.

Blokes, it seems, are valuing the time they spend with their kids on their own.

Or at least the dads I mix with are.

Spending time alone with kids is a great way to build confidence in dads.

And the kids usually just love it.

Mothers can play a role here by not getting in the way if their husband or partner wants a little time alone with kids. (Most mums I meet welcome this!)

Children usually associate their fathers with activity. When I ask children to tell me about their dads they usually talk about the things that they like to do together with their dads. Playing, walking, fishing, wrestling...the list goes on.

It’s through shared activity and involvement in kids’ lives that dads build up frequent father points. It’s hard to build good connections with kids when you are not there!

Don’t wait until adolescence

These relationships are best built in childhood, when kids just love their dads to bits and want to be around him. It gets trickier in adolescence, but having shared interests developed in childhood gives you a connection point during these sometimes-turbulent times.

Dads also benefit from spending time with their kids. Most health scales state a healthy relationship with their children is a predictor of good health and longevity for men. I’m not sure where the health benefits come from, but I suspect there is something relaxing and de-stressing about getting into a child’s space. There is a big kid inside most men just busting to get out.

These days we take parenting pretty seriously and it’s easy to forget that one of the fundamentals of raising kids well is to spend some time in your child’s space, doing stuff, or not doing stuff, whatever the case maybe.

So how are your (or your partner’s) Frequent Father points going? If they need some topping up then you can start by doing something together that the kids enjoy. Having a bit of fun together is the best place to start.

Author’s note: Sole mums can take these ideas on-board to have a NO RULES weekend with your kids, where you have a change of routine and activity that can give kids the chance to see you in a different way.

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.

parentingideas.com.au

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