NEWSLETTER  No. 32 October 13th 2016

Important dates:

<table>
<thead>
<tr>
<th>Oct.</th>
<th>17th</th>
<th>Home Among the Gum Trees performance</th>
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<tr>
<td></td>
<td>18th</td>
<td>School Council Meeting</td>
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<tr>
<td></td>
<td>21st</td>
<td>Athletics Day</td>
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<td>26th</td>
<td>Bendigo Cup Public Holiday</td>
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| Oct. | 28th | Choral Day – Choir                   |
|      | 28th | Bandanna Day                         |
|      | 30th | Golf Day                             |

| Nov. | 1st  | Pet Show & Fashions Off the Field    |
|      | 7-11th | Swimming Week                     |

KIWANIS AWARD
Each term, Bendigo Kiwanis sponsor a ‘Terrific Kids Award’ for our school. Terrific Kids is a student-recognition program that promotes character development and perseverance.
“Terrific” is an acronym for Thoughtful, Enthusiastic, Respectful, Responsible, Inclusive, Friendly, Inquisitive and Capable.
Each term our teachers nominate one student who they feel has shown these qualities in their daily school life.
Congratulations to Charlotte Harvey who is the recipient of this award for Term Three 2017. A big congratulations to our other nominations for Term Three, Angus – Gr. 4/5/6, Jodi – Gr. 2/3/4 and Darby - Prep.

CLASSROOM AWARD WINNERS
Ally – For enjoying her reading time and being able to retell stories in her own words
Abigail – For writing the numbers 1-9 on the whiteboard all by herself
Evie – For attempting all learning tasks with a ‘can do’ attitude
Skyla – For showing a persistent and positive attitude during Rugby sessions
SCHOOL VALUE AWARD WINNERS

Zaithan – For having a happy demeanour and enjoying the work he is doing at school both inside and outside the classroom

Sam C – For thinking about others and ensuring that all students in his class are included

Isabella – For consistently showing the values of inclusion, cooperation, fairness and respect in everything that she does

Piper – For demonstrating tremendous leadership and a responsible attitude during buddy sessions

Emma – For being a helpful and kind member of our class and assisting the teacher when required

GOLDEN BRUSH
Well done to the Preps.

HOUSE TROPHY
Well done Campaspe 2 ½ rooms to 1 ½.

MATHLETICS AWARDS
Congratulations to Laura, Sadie and Paddy for achieving above 85% in all Mathletics tasks last term. They were presented with their awards from Mathletics at Assembly on Monday.

SPELLING AND READING AWARD WINNERS
Well done to our spelling and reading award winners for this week.
Jaidyn and Zane V participated in the Loddon Mallee Regional Championships last Monday.

**Jaidyn**

**What event did you compete in?**
12/13 + Shot Put

**Where did you place in your event?**
I came third.

**How many qualifiers go to Melbourne?**
The first two in the event qualify to go to Melbourne.

**What pleased you about your performance?**
That I was almost successful in qualifying for Melbourne.

**Rate your performance out of 10.**
8/10

**Rate your nervousness out of 10.**
11/10!

**Did you get to know the other participants in your event?**
I got to know the second place getter well.

**What would be an area for improvement next year?**
Do a little bit more practice and training.

**Zane**

**What event did you compete in?**
The under 10 100m sprint.

**Where did you place in your event?**
I came fourth in the final.

**How many qualifiers go to Melbourne?**
The first two placegetters go to Melbourne.

**What pleased you about your performance?**
I tried really hard and I ran pretty fast.

**Rate your performance out of 10.**
8/10

**Rate your nervousness out of 10.**
10/10

**Did you get to know the others in your event?**
Not really but I said ‘good race’ to the boy who came third.

**What would be an area for improvement next year?**
Don’t be as nervous and being confident in my ability.

**GOLF DAY**

Entries for the Golf Day are only trickling in – please enter asap if planning to participate.

The bi-annual Axedale School and Axedale Kinder Golf Day is on Sunday October 30th. It would be great to have lots of teams involved from within our school community. Grab a few friends and make up a team.

The Golf Day has received great support from the Fosterville Gold Mine, their sub-contractors and a range of local businesses. It is a day that traditionally raises thousands of dollars for the school and the kinder so it would be great to have significant support from our parent community. There is a ‘Job Sheet’ attached to the Newsletter and on the front window. It would be great if families could indicate when and where they might be able to help out on the day. Like all activities, if we can get a little bit of help from a lot of people, we can share the load, all contribute and children from both the school and the kinder benefit from our teamwork.

We are seeking donations of non-perishable food or other items, eg. canned/packet food, chocolates, wine etc to make up raffle hampers for the day. There is a basket at school for donations to be dropped into.

The Golf Day sub-committee is Jade Field, Gemma Ellis, Liz Harrington and Lex Johnstone. Feel free to contact any of these people with further questions.
SCHOOL CAPTAIN’S LETTERS

**Fresh Fruit Friday**
Dear Parents, friends and care givers,
Thank you for putting your time up to help out with cutting the fruit up on Fresh Fruit Friday for 90 kids who all love fruit. It all goes quickly, especially when Lilly and Emma are around and they get handfuls to go hide and feast on it.
Sincerely
Kodi Czuczzman
House Captain Mc Ivor

**Brekky Club**
We would like to thank all of the Parents or Axedale community members who helped to butter, spread and cut the toast or even flip the pancakes for Breakfast Club. It helps all the kids that have to get ready really quickly in the mornings, I know it helps me when I sleep in and have no time to have breakfast.
Sincerely
Laura Higgins
School Captain

**CHOIR PRACTICE**
We will be holding our Choir practices from 8.45-9.30am on Tuesday mornings in preparation for Bendigo Carols and our school concert. Can parents with students in the choir please make sure their children are at school ready to sing by 8.45am. Please let us know if this doesn’t work for your family.

**ULUMBURRA THEATRE EXCURSION**
Yesterday our Grade 1-4 students attended a performance by the Melbourne Symphony Orchestra at the Ulumburra Theatre in Bendigo. For many students, this was their first visit to the theatre.
The conductor of the orchestra spend time explaining the sections of the orchestra, individual musicians gave demonstrations of their instruments and Anthony the story teller narrated the story of Peter and the Wolf while the orchestra set the mood with their tunes. Anthony’s facial expressions as he told the story were very powerful.

**HOME AMONG THE GUM TREES**
Next Monday we will be hosting a performance of Home Among the Gum Trees at school. The show will run from 10.00 -11.00 in our assembly space. There is no charge for those who have paid the bulk levy. For those paying item by item, the cost will be $8.

**WALK TO SCHOOL MONTH**
The City of Greater Bendigo is actively promoting Walk, Ride or Scoot to School Month this month. Our school will be joining this initiative with each classroom maintaining a chart where students can record their days of walking, riding or scooting to school. Incentive prizes will be awarded at the completion of the month.
On the following dates, the school will be leading a walking school bus from different starting points around the town.
**Tomorrow** - Friday October 14th – 8.15am – from the corner of Drake and Burns St.
**Thursday** October 20th – 8.15am – from the corner of High St and Raglan St (outside Lottie & Mia’s place)
**Friday** October 28th – 7.45am - from the footbridge across the river along the O’Keefe Rail Trail. Followed by fruit and Brekky Club.
Please contact the school if you need further information re starting points.
AXEDALE CARP CATCH
The annual NCCMA Carp Catch is on again this Sunday from 12 -3pm at the platypus statue at the Axedale River Reserve. A BBQ lunch will be provided at 12 noon with fishing to follow. Judging for heaviest fish and presentations will be at 3.00pm.
See flyer in the Community section below.

CLUSTER ATHLETICS DAY
Our Cluster Athletic Sports where we participate with Eppalock PS is on next Friday 21st October. The event will be held at the Regional Athletics Track in Spring Gully on Retreat Rd.
We do not take the school bus – parents are required to get their children to the event and are welcome to stay and support the children through the day. Events are usually completed by around 2.00pm.

PET SHOW & FASHIONS OFF THE FIELD
On Melbourne Cup Day, we traditionally hold our annual ‘Pet Show’ in the morning and our ‘Fashions Off The Field’ in the afternoon. This will be on again this year on Melbourne Cup Day, Tuesday 1st November. Some students choose to bring real pets ranging from mice to horses others choose more creative ‘pets’. Pets need to be properly restrained with appropriate leads and cages/containers at all times. A program is attached to today’s Newsletter. To add to the fun of the day we like everyone to be involved in our ‘Fashions Off The Field’. There is a section for everyone from hats, ties to full race going outfits. If new families have any questions about how the day runs, please see Ms. Saunders.

AXEDALE QUICK SHEAR, WOOD CHOP AND FAMILY FUN DAY
A reminder to all families that the Axedale Quick Shear, Wood Chop and Family Fun Day is on again. The event will be on Saturday January 28th 2017 from 3pm. A call for volunteers will be out soon.
The event is run by the Axedale Events Group, with all funds raised supporting the Axedale Pre-School, Axedale Hall and the Axedale Primary School.

AXEDALE COMMUNITY PLAN
2017-2020
Got a great idea for Axedale? Want to bring the community together?
Have an event in mind that might put our town on the map? Do you have a big picture view of Axedale’s future?
Axedale Our Town Our Future (AOTOF) is hosting a meeting planned for Wednesday 9th November to begin work on developing the 2017-2020 Axedale Community Plan.
Interested community members are encouraged to come along to the Axedale Hall at 6.30pm to begin the process of contributing ideas and thoughts to the plan, to be developed along with COGB planning staff. A light supper will be provided.
The 2013 -2016 Axedale Community Plan has achieved many of its goals as listed here.
NEW SHOOL APP
Thank you to those families who have already subscribed to our new school app. We are sure you will find it very useful when communicating with school and keeping updated.

Our old school app is no longer being kept up to date.
To download the app just visit the App Store for iPhones or Google Play for Android’s. Search for Updat-ed and from the menu select our school. We’ll receive your registration request and will need to approve you before your app is up and running.

So what will the app do?
The app’s great for us to send out alerts and reminders, and for parents you can use the app to access our school newsletter online, send absence notes and one of its best features being the ability to save events directly into your phone’s calendar.

If you are experiencing difficulty with your app please take a look at our Trouble Shooting Guide. Any further queries should be directed to: helpdesk@sponsor-ed.com.au

Please state the following in your email to helpdesk:
- Your school
- Name and email address
- Model phone/tablet
- Software version

We hope you enjoy being Updat-ed. Please let your extended family know they are also welcome to download this app also – we just need to know what child they are attached to.

BREAKFAST CLUB
Many thanks to those who have volunteered to help with Breakfast Club during Term Four. Thanks also to our sponsors.

Tuesday 18th October – Hannelie Schutte & Samantha Gilbertson
Thursday 20th October – Claire Noyce
Tuesday 25th October – Samantha Gilbertson & Melinda Pengelly
Thursday 27th October – Hannelie Schutte & Liz Harrington

FRESH FRUIT FRIDAY
Many thanks to those who have volunteered to help cutting up fruit on Fridays during Term Four.

Friday 14th October – Kelly Gwin & Liz Harrington
Friday 21st October – No Fresh Fruit today because of Athletics Day

MICHAEL GROSS PARENTING RESOURCES
Our school is a member of Parenting Ideas. Visit www.parentingideas.com.au
This week’s attached article is “Is your child too busy?”

POCKET POSITIVES – Ricky Cawley
There is no vocabulary for the love within a family, love that’s lived in but not looked at, love within the light of which all else is seen…..

QUOTE OF THE WEEK
Being important is nice but being nice is more important.

Lex Johnstone
Principal

CLASSROOMS

GRADE 2/3/4
The Grade 2/3/4 room are needing empty 2 litre soft drink or milk bottles. If you are able to help please send them into Mrs Hartland.
GRADE 4/5/6 – MINI ECOSYSTEMS
As part of the MSTIE project, our Grade 4/5/6 students have built mini eco-systems. Each eco-system contains a water source, a fish, composted soil, worms, plants and a gas breathing pipe. The students worked well in their teams to create their models which are pictured here. Next Tuesday Gr. 4/5/6 will be visiting the eco-system at the Longlea Recreation Reserve where the local Landcare Group and NCCMA have placed nesting boxes.

PARENTS, VOLUNTEERS & FRIENDS (PVF)

PHOTO FUNDRAISER
PVF are co-ordinating a Photo Fundraiser with photos taken in our local Campaspe River precinct by Brydie Mulqueen. For $100, families will be provided with a USB containing 10-15 of the best family or individual photos taken.
Families interested are asked to indicate which of the weekends – November 6th or 13th – suits best.
Reply Slip is on the Golf Day page at the back of the Newsletter.

COMMUNITY
PET SHOW
Tuesday November 1st 2016

Dear Parents,
The Pet Show program will start at 9.15am and will finish before lunch at 11am.
It is expected that all pets will be taken home at lunch time unless very special arrangements are made
with the class teacher.
The judges’ decisions are final and no correspondence will be entered into - I’m not sure about bribes!

PROGRAM 2016

• Dog Or Puppy With The Waggliest Tail
• Best Mannered Dog Or Puppy
• Best Kept Dog
• Best Kept Puppy

• Best Groomed Cat Or Kit ten
• Best Kept Cat
• Best Kept Kit ten

• Prettiest Bird
• Best Kept Bird

• Best Kept Other Pet (alive)
• Prettiest Other Pet (alive)

• Most Useful Pet (not alive)
• Most Non-essential Pet (not alive)

• Best Dog Handler – for students only with
  their own dog. Students will be asked to perform a set
  routine with their dog on a lead.

• CHAMPION DRY FOOD DOG RACE
Dear Parents,
Yes! It is on again and you are all invited!
Our Fashions Off The Field will be paraded at 2.00pm and judged shortly thereafter. Students will be able to change during afternoon recess from 1.30-1.55pm. We are expecting lots of parents to enter- so out with the glad rags and off to school!

Prizes will be awarded in the following categories:

**Children:**
- Best Girls’ Hat P-2
- Best Boys’ Hat P-2
- Best Girls’ Hat 3-6
- Best Boys’ Hat 3-6
- Best Hat Preschooler Girl
- Best Hat Preschooler Boy
- Most Flamboyant Accessories – Girls P-2
- Most Flamboyant Accessories – Boys P-2
- Most Flamboyant Accessories – Girls 3-6
- Most Flamboyant Accessories – Boys 3-6
- Most Glamorous Outfit – Girls P-2
- Most Glamorous Outfit – Boys P-2
- Most Glamorous Outfit – Girls 3-6
- Most Glamorous Outfit – Boys 3-6
- Best Outfit Preschooler Girl
- Best Outfit Preschooler Boy

**Adults:**
- Most Artistic Hat
- Most Flamboyant Accessories - Ladies
- Most Exotic Tie - Gentlemen
- Best Overall Outfit - Ladies
- Best Overall Outfit - Gentlemen
Is your child too busy?

Many modern kids don’t have a chance to get bored. They are always on the go. As they get older their lives become more organised. Now is a good time to take stock of your child’s schedules to see if there’s time for relaxation, free play and catching up with family.

As the school year cranks up, kids’ involvement in after school activities gets under way as well. It seems everyone in the family gets on the activity round-about once school starts back.

Now is a good time to take stock of your child’s after-school schedule to make sure that there’s time for relaxation, free play and catching up with family.

A recent Australian study found that four and five year olds spend more time in organised, structured activities than in unstructured play. They spend 4.2 hours each day in unstructured play and watching television compared to 5.2 hours visiting others, doing lessons or classes or in child care.

So much for the image of childhood being a time of carefree, child-initiated fun!

As they get older their lives become more organised. The proliferation of organised sport, performance-based and educational type activities available in the burgeoning ‘child development and education’ industry ensures that kids’ lives are heavily scheduled. Many modern kids don’t have a chance to get bored. They are always on the go.

But has it gone too far? While high parental involvement to maximize kids’ potential in the early years is to be applauded, this flurry of activity can leave parents exhausted too. The idea of having a few spare hours to read a book or laze on the couch is foreign to many parents. They are vague memories of a different life stage when life revolved around them, their partner and friends.

It seems we try to fit so much in our days that there isn’t a lot of fun in parenting for many people. Kids too are feeling the strain. The rise in childhood anxiety as reported by educators and health professionals indicates that the push for early success comes at a cost to children’s well-being and mental health.

Seek a balance
Most of the evidence suggests that parents should take a balanced approach to child-rearing and make sure that kids have sufficient time to just be kids. Not everything in their lives needs to be tied to learning or needs to have a purpose. One or two organised activities a day maybe okay, but any more, and you may find you are creating a ‘stimulus junkie’. When children want to add an organised or adult-lead activity to an already bulging schedule then they should be encouraged to delete an activity, which is a great life skill.

Build regular down-time into family life.
Avoid being a family that’s always on the go. Make sure you have some down-time so family members can relax and have the chance to connect. And don’t be afraid that your kids may become bored. Boredom gives kids opportunities to keep themselves occupied. This may mean that you need to say no to an afterschool activity. Alternatively, kids can participate but maybe another adult can take them and pick them up.

Some tips for getting the balance of activities right:
1. Make sure kids have a couple of after-school activities that suit their interests, and that they want to do.
2. They should have enough spare time to do homework without feeling stressed.
3. Make sure they have spare time each day for self-initiated activities including watching television, using the Internet (if appropriate age-wise) and socialising.
4. Check that children have opportunities each day to spend time with family members including parents.

Are kids too busy these days? Tell me what you think. Visit Facebook.com/michaelgroseparenting look for The Busyness Trap on the Discussion page and leave a comment.

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# GOLF DAY HELPERS SUNDAY OCTOBER 30TH

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<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>8.00-9.00</td>
<td>SANDWICH PREPARATION</td>
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<tr>
<td>9-10</td>
<td>GENERAL PREPARATION &amp; SET UP</td>
</tr>
<tr>
<td>11.00</td>
<td>BBQ</td>
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<tr>
<td>12.00</td>
<td>ON COURSE HELP – DRINKS/BBQ ETC.</td>
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<td>1.00</td>
<td>ON COURSE HELP – DRINKS/BBQ ETC.</td>
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<td>2.00</td>
<td>ON COURSE HELP – DRINKS/BBQ ETC.</td>
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<tr>
<td>3.00</td>
<td>ON COURSE HELP – DRINKS/BBQ ETC.</td>
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<tr>
<td>4.00</td>
<td>ON COURSE HELP – DRINKS/BBQ ETC.</td>
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<tr>
<td>5.00</td>
<td>PACK UP TIDY UP</td>
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**PHOTO FUNDRAISER – EXPRESSION OF INTEREST**

**FAMILY NAME ________________________________**

**PLEASE CIRCLE PREFERRED WEEKEND**

**NOVEMBER 6**<sup>TH</sup> **NOVEMBER 13**<sup>TH</sup>